

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 4/1 - Stanley Sharman - FTNS 4/5 - Sally Nactrieb - SPWD 4/12 - Gayle Hector - CTTG 4/17 - Joanne Osborne - CTTG 4/21 - Starla S. FTNS 4/23 - Margaret Hirt - CTTG 4/26 - Lynne D. SPWD 4/28 - Georgia Duncan - FTNS	1 April Fools' Day FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Tea and Technology w/ Nuala AR 2:00 Moving to Music AR 3:15 Bingo BR 5:30 Hand and Foot-RL	2 FL 8:00 Community Cafe AR 9:15 Total Fitness CH 10:00 Catholic Communion & Rosary AR 10:00 Life Long Learners- The Fountain of Youth 10:20 Walgreens & Dollar Tree AR 1:30 Game Time- Pictionary BR 2:00 MC - Beer & Billiards AR 3:00 Active Minds presents- Vietnam FL 6:30 Giggle Hour	3 FL 8:00 Community Cafe AR 9:15 Total Fitness AR 10:00 Brain Games 10:30 King Soopers (64th & Ward) BR 1:00 Hand & Foot - RL FL 1:15 Pet Therapy - Diana's Dogs FL 1:30 Cooking Class - PB & J Cookies BR 5:30 Kings in the Corner - RL FL 6:30 Giggle Hour	4 FL 8:00 Sunrise Café AR 9:15 Total Body Fitness AR 10:00 Brain Games AR 10:30 Music Therapy w/ Meridith FL 12:30 Sit-N-Stitch - RL AR 1:00 Chair Yoga with Gina AR 2:00 Bingo AR 3:15 Beanbag Baseball FL 6:30 Giggle Hour	5 FL 8:00 Community Cafe AR 9:15 Total Body Fitness MZ 10:15 Creative Club - Colorado Rockies Bracelets MZ 12:30 Quiddler - RL AR 2:30 Happy Hour - Rockies Home Opener Party BR 5:30 Bridge - RL FL 6:30 Giggle Hour	6 Activity Packet FL 1:30 Ethan Hall on Piano MZ 2:00 Creative Club - Watercolors & Music - RL CH 3:30 Movie - Mr. Hollands Opus
7 Activity Packet CH 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL	8 FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Tea and Technology w/ Nuala AR 2:00 Moving to Music AR 3:00 The Curious Dragonfly Presents- Hindenburg 4:45 Elks Spaghetti Dinner BR 5:30 Hand and Foot-RL	9 Eid al-Fitr FL 8:00 Community Cafe AR 9:15 Total Fitness CH 10:00 Catholic Communion & Rosary AR 10:00 Life Long Learners- History of Springwood 10:00 Target FL 12:00 Mountain Man Candy Nuts AR 1:30 Game Time- Word in a Word BR 2:00 MC - Beer & Billiards AR 3:00 Physical Therapy Exercise w/ Jennifer	10 FL 8:00 Community Cafe AR 9:15 Total Fitness AR 10:00 Brain Games 11:30 Rockies vs. Diamondbacks BR 1:00 Hand & Foot - RL FL 3:40 Malakai on Piano BR 5:30 Kings in the Corner - RL FL 6:30 Giggle Hour-RL	11 FL 8:00 Sunrise Café AR 9:15 Total Body Fitness AR 10:15 Poetry Month Talk w/ Joseph 10:30 King Soopers 64th & Ward FL 12:30 Sit-N-Stitch - RL AR 1:00 Chair Yoga with Gina AR 2:00 Bingo AR 3:15 Beanbag Baseball FL 6:30 Giggle Hour-RL	12 Ntl Peach Cobbler Day FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Glamour and Goodies w/ Hope (must sign up) MZ 12:30 Quiddler - RL AR 2:30 Happy Hour w/ Deva Yoder BR 5:30 Bridge - RL FL 6:30 Giggle Hour-RL	13 Activity Packet MZ 2:00 Creative Club - Watercolors & Music - RL CH 3:30 Movie - Born Free
14 Activity Packet CH 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL	15 Tax Day FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Tea and Technology w/ Nuala AR 1:00 Arvada Fire department Talk AR 2:15 Moving to Music AR 3:15 Bingo BR 5:30 Hand and Foot-RL	16 FL 8:00 Community Cafe AR 9:15 Total Fitness 9:55 Shopping Outing- Good Will CH 10:00 Catholic Communion & Rosary AR 10:00 Life Long Learners- The History of Wine Making AR 1:30 Game Time- Scattegories BR 2:00 MC - Beer & Billiards AR 3:00 Physical Therapy Exercise w/ Jennifer FL 6:30 Giggle Hour-RL	17 FL 8:00 Community Cafe AR 9:15 Total Fitness AR 10:00 Brain Games 10:30 King Soopers (64th & Ward) BR 1:00 Hand & Foot - RL FL 1:15 Pet Therapy - Diana's Dogs FL 1:30 Cooking Class- Cheese Balls & Wine Tasting BR 5:30 Kings in the Corner - RL FL 6:30 Giggle Hour-RL	18 FL 8:00 Sunrise Café AR 9:15 Total Body Fitness AR 10:00 Brain Games 11:30 Lunch Outing- Famous Dave's BBQ FL 12:30 Sit-N-Stitch - RL AR 1:00 Chair Yoga with Gina AR 2:00 Bingo AR 2:00 Cooking Demo w/ Chef Chris AR 3:15 Beanbag Baseball FL 6:30 Giggle Hour-RL	19 FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Healthy Living Talk w/ Jennifer- Fall Prevention MZ 12:30 Quiddler - RL AR 2:30 Happy Hour - New Resident Meet and Greet BR 5:30 Bridge - RL FL 6:30 Giggle Hour-RL	20 Activity Packet FL 1:30 Ethan Hall on Piano MZ 2:00 Creative Club - Watercolors & Music - RL CH 3:30 Movie - Uncorked



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21	Activity Packet CH 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL	22	Passover Begins FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Resident Meeting/Calendar Highlight AR 2:00 Moving to Music AR 3:15 Bingo 4:30 Dinner Outing- Cinzzetti's BR 5:30 Hand and Foot-RL	23	FL 8:00 Community Cafe AR 9:15 Total Fitness 9:30 Trader Joe's – Littleton CH 10:00 Catholic Communion & Rosary AR 10:00 Life Long Learners- History of the Denver Mint FL 12:00 Mountian Man Candy & Nuts AR 1:30 Game Time- Smile Toss BR 2:00 MC - Beer & Billiards TV 2:15 Book Club	24	FL 8:00 Community Cafe AR 9:15 Total Fitness AR 10:00 Brain Games 10:30 King Soopers (64th & Ward) BR 1:00 Hand & Foot - RL FL 1:30 Gardening Club FL 3:00 Musical Memories w/ Coreen BR 5:30 Kings in the Corner - RL FL 6:30 Giggle Hour-RL	25	FL 8:00 Sunrise Café AR 9:15 Total Body Fitness 10:00 Blackhawk AR 10:00 Indoor Volleyball FL 12:30 Sit-N-Stitch - RL AR 1:00 Chair Yoga with Gina AR 2:00 Bingo AR 3:15 Beanbag Baseball FL 6:30 Giggle Hour-RL	26	FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Active Minds presents- American Popular Music MZ 12:30 Quiddler - RL AR 2:30 April Birthday Celebration w/ Tom Yook BR 5:30 Bridge - RL FL 6:30 Giggle Hour-RL	27	Activity Packet MZ 2:00 Creative Club - Watercolors & Music - RL CH 3:30 Movie - Glenn Miller Story
28	Activity Packet CH 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL	29	FL 8:00 Community Cafe AR 9:15 Total Body Fitness AR 10:00 Tea and Technology w/ Nuala 11:00 Lunch Outing- Smokin Fins AR 2:00 Moving to Music AR 3:15 Bingo BR 5:30 Hand and Foot-RL	30	FL 8:00 Community Cafe AR 9:15 Total Fitness CH 10:00 Catholic Communion & Rosary 10:00 Hooby Lobby/ Home Goods AR 1:30 Game Time- Crazy Eights BR 2:00 MC - Beer & Billiards AR 3:00 Physical Therapy Exercise w/ Jennifer FL 6:30 Giggle Hour-RL								

Please sign up for shopping and outings at the Springwood Front Desk.