

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|--|---|
| <p>CL - Club Lounge</p> | <p>1 April Fools' Day</p> <p>CL 8:00 Coffee Hour CL 10:00 Total Fitness CL 1:00 Bag Toss CL 3:00 Select Rehab Fitness w/ Jennifer CL 6:30 Quiddler</p> | <p>2</p> <p>CL 10:00 Catholic Communion & Rosary *at Spwd* CL 10:00 Walgreens & Dollar Tree CL 1:00 Bingo CL 3:00 Active Minds presents-Hindenburg CL 3:00 Sip & Paint</p> | <p>3</p> <p>CL 8:30 Doughnuts with Dutton CL 9:00 King Sooper (64th & Ward) CL 10:00 Total Fitness CL 1:00 Blackjack</p> | <p>4</p> <p>FL 8:00 Sunrise Café CL 2:00 Yoga w/ Gina</p> | <p>5</p> <p>CL 8:00 Coffee Hour CL 10:00 Total Fitness CL 1:00 Trivia CL 3:00 Happy Hour CL 6:00 Feature Film</p> | <p>6</p> <p>Activity Packet FL 1:30 Ethan Hall on Piano M 2:00 Creative Club - Watercolors & Music - RL CL 3:30 Movie - Mr. Hollands Opus</p> |
| <p>7</p> <p>Activity Packet CL 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL</p> | <p>8</p> <p>CL 8:00 Coffee Hour CL 10:00 Total Fitness CL 1:00 Bag Toss CL 3:00 Select Rehab Fitness w/ Jennifer CL 3:00 The Curious Dragonfly-Hindenburg "at SPWD" CL 4:45 Elks Spaghetti Dinner</p> | <p>9 Eid al-Fitr</p> <p>CL 9:40 Target CL 10:00 Catholic Communion & Rosary *at Spwd* CL 11:00 Arvada Fire Department Talk CL 12:00 Mountain Man Candy & Nuts "at SPWD" CL 1:00 Bingo CL 3:00 Sip & Paint</p> | <p>10</p> <p>CL 8:30 Fountains Coffee Club CL 10:00 Total Fitness CL 11:10 Rockies vs. Diamondbacks CL 1:00 Blackjack CL 3:40 Malakai on Piano "at SPWD"</p> | <p>11</p> <p>FL 8:00 Sunrise Café CL 9:00 King Soopers 64th and Ward CL 11:00 Poetry Month Talk w/ Joseph "at SPWD" CL 2:00 Yoga w/ Gina CL 3:00 Bible Study</p> | <p>12</p> <p>CL 8:00 Coffee Hour CL 10:00 Total Fitness CL 1:00 Trivia CL 3:00 Happy Hour with East Cottages - Entertainment CL 6:00 Feature Film</p> | <p>13</p> <p>Activity Packet M 2:00 Creative Club - Watercolors & Music - RL CL 3:30 Movie - Born Free</p> |
| <p>14</p> <p>Activity Packet CL 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL</p> | <p>15 Tax Day</p> <p>CL 8:00 Coffee Hour CL 10:00 Total Fitness CL 11:00 Fountains Book Club CL 1:00 Bag Toss CL 3:00 Select Rehab Fitness w/ Jennifer CL 6:30 Quiddler</p> | <p>16</p> <p>CL 9:25 Outing- Goodwill CL 10:00 Catholic Communion & Rosary *at Spwd* CL 1:00 Bingo CL 3:00 Sip & Paint</p> | <p>17</p> <p>CL 8:30 Fountains Coffee Club CL 9:00 King Sooper (64th & Ward) CL 10:00 Total Fitness CL 1:00 Blackjack</p> | <p>18</p> <p>FL 8:00 Sunrise Café CL 11:15 Lunch Outing-Famous Dave's BBQ CL 2:00 Cooking Demo w/ Chef Chris "at SPWD" CL 2:00 Yoga w/ Gina</p> | <p>19</p> <p>CL 8:00 Coffee Hour CL 10:00 Total Fitness CL 1:00 Trivia CL 3:00 Happy Hour CL 6:00 Feature Film</p> | <p>20</p> <p>Activity Packet CL 1:30 Ethan Hall on piano "at SPWD" M 2:00 Creative Club - Watercolors & Music - RL CL 3:30 Movie - Uncorked</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 21 Activity Packet CI 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL | 22 Passover Begins CI 8:00 Coffee Hour CI 10:00 Total Fitness CI 1:00 Bag Toss CI 3:00 Select Rehab Fitness w/ Jennifer 4:30 Dinner Outing- Cinzzetti's CI 6:30 Quiddler | 23 9:15 Trader Joes's – Littleton CI 10:00 Catholic Communion & Rosary *at Spwd* 12:00 Mountain MAn Candy & Nuts "at SPWD" CI 1:00 Bingo CI 3:00 Sip & Paint | 24 CI 8:30 Fountains Coffee Club 9:00 King Sooper (64th & Ward) CI 10:00 Total Fitness CI 1:00 Blackjack | 25 FL 8:00 Sunrise Café 9:40 Blackhawk CI 2:00 Yoga w/ Gina CI 3:00 Bible Study | 26 CI 8:00 Coffee Hour 10:00 Active Minds presents- American Popular Music "at SPWD" CI 10:00 Total Fitness CI 1:00 Trivia CI 3:00 April Birthday Celebration CI 6:00 Feature Film | 27 Activity Packet M 2:00 Creative Club - Watercolors & Music - RL CI 3:30 Movie - Glenn Miller Story |
| 28 Activity Packet CI 10:00 Worship Service Springwood Chapel FL 12:15 Hymn Sing - RL | 29 CI 8:00 Coffee Hour CI 10:00 Total Fitness 11:00 Lunch Outing- Smokin Fins CI 1:00 Bag Toss CI 3:00 Select Rehab Fitness w/ Jennifer CI 6:30 Quiddler | 30 9:40 Hobby Lobby/ Home Goods CI 10:00 Catholic Communion & Rosary *at Spwd* CI 1:00 Bingo CI 3:00 Sip & Paint | Birthdays 4/1 - Stanley Sharman - FTNS 4/5 - Sally Nactrieb - SPWD 4/12 - Gayle Hector - CTTG 4/17 - Joanne Osborne - CTTG 4/21 - Starla S. FTNS 4/23 - Margaret Hirt - CTTG | | | |

Please sign-up for outings and shopping at the Springwood Front Desk.