

Postage  
Information

# The Fountains

The Fountains at Springwood Retirement Community



## THE BIRTH OF INDEPENDENCE DAY

When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical.

By the middle of the following year, however, many more colonists had come to favor independence, thanks to growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in the bestselling pamphlet “Common Sense,” published by Thomas Paine in early 1776.

On June 7, when the Continental Congress met at the Pennsylvania State House (later Independence Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies’ independence.

Amid heated debate, Congress postponed the vote on Lee’s resolution, but appointed a five-man committee—including Thomas Jefferson of Virginia, John Adams of Massachusetts, Roger Sherman of Connecticut, Benjamin Franklin of Pennsylvania and Robert R. Livingston of New York—to draft a formal statement justifying the break with Great Britain.

### Celebrating July

**July 4**  
Independence Day

**July 6**  
Carraba’s  
Italian Restaurant

**July 10**  
Black Hawk/Central City

**July 14**  
Happy Hour

**July 17**  
Ted’s Montana Grill  
Restaurant

**July 19**  
Rockies vs Padres

**July 20**  
Boulder Dinner Theater Presents:  
Joseph and Technicolor  
Dreamcoat

**July 31**  
Red Hats Lunch at  
Jose O’Shea’s Restaurant

### Springwood Van Transportation

Van transportation is available by appointment only. Please turn in transportation request forms to the front desk at least 24 hours prior to your scheduled appointment time.

The van schedule is as follows:

**Monday, Tuesday & Thursday**

9:00 A.M. to 12:00 P.M.

and

1:00 P.M. to 4:00 P.M.

### Outing Reminders

Please sign up for all outings at the front desk. Please pay for outings with fees other than bus fees, at the time of sign up.

West Cottage residents will be picked up at their driveway. East Cottage residents will be picked up streetside of the cul-de-sac or at the Fountains.

## The Big Fish Employee of the Month



**Congratulations to Jade Maez!**  
**She is our “Big Fish” Employee**  
**Of the Month! Jade is a member of**  
**our culinary wait staff and was**  
**nominated by you, our residents for**  
**her outstanding service.**

**We would like to thank you**  
**for your support and thank you for**  
**voting, they do make a difference!**

## Happy Birthday

Joanne Schell 7  
 Loretta Nelson 8  
 Carol Schemelzel 8  
 Frances Ciulla 22

## June Anniversary

Robert & Bethene 31  
 Wynman

## Employee Birthdays

Daniel Sisneros 5  
 Julie Leyva 16  
 Linda Swan 21  
 Michael Krajewski 25  
 Barb Stephens 26  
 Kimberly Skocz 29

## Employee Anniversaries

Pat Gallinger 28 years  
 Shari Lareau 4 years  
 Maryanne Hession 3 years  
 Adele Rush 2 years



## Famous July Birthdays

P.T. Barnum (circus showman) - July 5, 1810  
 Nancy Reagan (first lady) - July 6, 1921  
 Michelle Kwan (figure skater) - July 7, 1980  
 Milton Berle (comedian) - July 12, 1908  
 Harrison Ford (actor) - July 13, 1942  
 Phyllis Diller (comediienne) - July 17, 1917  
 Don Knotts (actor) - July 21, 1924  
 Gracie Allen (comediienne) - July 26, 1895  
 Paul Anka (singer) - July 30, 1941  
 J.K. Rowling (writer) - July 31, 1965

## Hollywood Nights "A Night to Remember"

Saturday July 22, 2017  
 5:00 p.m.

Springwood Dining Room  
 Musical Entertainment

Refreshments and more will be provided!

Please RSVP with the Springwood Frontdesk.

## Tea Talks



Wednesday, July 12, 1:00 p.m.

Guest Speaker, Elyse Gordon

From Natural Essential Wellness

will be speaking about the health benefits of hemp.

Learn the difference between hemp and marijuana.

Join us for Tea & Desserts

## July Movies



**1-Arrival:** An elite team of investigators when gigantic spaceships touch down in 12 locations around the world. As nations teeter on the verge of global war, Banks and her crew must race against time to find a way to communicate with the extraterrestrial visitors. Hoping to unravel the mystery, she takes a chance that could threaten her life and quite possibly all of mankind.

**8-A Man Called Ove:** Ove is the quintessential angry old man next door. An isolated retiree with strict principles and a short fuse, who spends his days enforcing block association rules that only he cares about, and visiting his wife's grave, Ove has given up on life.

**15-Still Mine:** A farmer fights back when local authorities hamper his efforts to build a cottage for his dementia-stricken wife.

**22-5 Flights Up:** A long-time married couple who've spent their lives together in the same New York apartment become overwhelmed by personal and real estate-related issues when they plan to move away.

**29-42: The Jackie Robinson Story:** 1946, Branch Rickey, legendary manager of the Brooklyn Dodgers, defies major league baseball's notorious color barrier by signing Jackie Robinson to the team.



## Lazy B Chuck Wagon Dinner & Show

Estes Park, CO

August 24

The Lazy B delivers a delightful mix of cowboy music, skits and humor, accompanied by an authentic cowboy dinner. Wholesome family entertainment for all ages.

**Ticket deadline Friday August 11**

## June Classic Movies

**4-Interstellar-(2015)** Professor Brand (Michael Caine), a brilliant NASA physicist, is working on plans to save mankind by transporting Earth's population to a new home via a wormhole.

**11-Julie and Julia-(2009)** Frustrated with a soul-killing job, New Yorker Julie Powell (Amy Adams) embarks on a daring project: she vows to prepare all 524 recipes in Julia Childs' landmark cookbook, "Mastering the Art of French Cooking."

**18-The Great Escape-(1963)** Among the prisoners determined to escape are American Captain Virgil Hiltz (Steve McQueen) and British Squadron Leader Roger Bartlett (Richard Attenborough).

**25-Year of the Dog-(2007)** After her beloved beagle dies unexpectedly, an office worker named Peggy (Molly Shannon) looks for ways to fill the void in her life.



**Springwood Retirement Campus Annual BBQ  
June 25, 2017**



## Active Minds Presentations



### **Native Americans of Colorado**

**Wednesday, July 12, 6:30 p.m. – Activity Room**

Join Active Minds as we tell stories of the original inhabitants of Colorado. From Mesa Verde to the high plains, we will trace the civilizations of the Ute, Cheyenne, Arapaho, Pueblo and other tribes as we seek to understand Colorado's Native American history and legacy.

### **Rossini – Opera's Enigma**

**Tuesday, July 18, 7:00 p.m. – Activity Room**

“Give me a laundry list and I'll set it to music. “So said the self-deprecating composer Gioachino Rossini, one of opera's most important and influential figures – and one of music's greatest puzzles. With seeming ease, he merrily cranked out three operas each season, year after year, all with consistent success, then, after completing “William Tell,” he suddenly, inexplicably stopped. He was 37, and would live another 40 years. In this Active Minds program we'll sample his delightful comedies, intense tragedies and a few fun tidbits. But no laundry lists.

### **Somalia: What Next?**

**Wednesday, July 26, 6:30 p.m. – Activity Room**

Somalia's history is a story of Colonialism yielding to authoritarianism dissolving into anarchy. Chaos has reigned since the early 1990's with rampant wars between rival clans, with no functional government in charge. Severe famine prompted the United Nations and the U.S. to intervene in the 1990's with decidedly mixed results. Lately, the Islamist extremist group Shabab has added another challenge to the mix. Join Active Minds as we examine Somalia's troubled path and where it may be leading.