

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# July 2017

## Springwood Retirement

**1**  
 2:00 Movie – Arrival (CH)  
 2:15 Bingo (AR)  
 5:00 Saturday Entertainment  
 Chuck Smith (Lobby)

Canada Day

**2**  
 10:00 Worship (CH)  
 10:00 Catholic Communion (TV)

**3**  
 9:30 Fitness Fun (AR)  
 10:30 Name That Word (AR)  
 1:00 Goodwill  
 2:30 Birthday Party (DR)  
 3:00 Sing-a-long (Lobby)  
 6:15 Bingo (AR)



Independence Day

**4**  
 9:00 & 1:30 Grocery Shopping  
 9:30 Fitness Fun (AR)  
 1:00 Hand & Foot Cards (BR)  
 1:15 Pet Visit Leah & Bree (AR)  
 1:30 Adult Coloring (AR)  
 2:30 Interesting Neighbors (AR)  
 Resident Speaker  
 "John Hotchkiss"  
 6:15 Classic Movie – (CH)  
 "Flower Drum Song"

**5**  
 9:30 Walking Club  
 1:15 Strength & Balance (AR)  
 2:30 Beanbag Baseball (AR)  
 5:00 Carrabas Restaurant  
 6:00 Cribbage (BR)  
 6:15 Bingo (AR)

**6**  
 9:00 Coffee & Donuts (MZ)  
 10:00 Balance & Tone (AR)  
 1:00 Wii Bowling (AR)  
 1:30 Flatirons Mall  
 2:30 Farkle (BR)  
 2:15-3:30 Bookmobile  
 NEW TIME!  
 6:00 Bridge (BR)  
 6:15 Movie – A Man Called Ove

**7**  
 2:00 Movie – A Man Called Ove (CH)  
 2:15 Bingo (AR)  
 5:00 Saturday Entertainment  
 Bruce Thompson (Lobby)

**9**  
 10:00 Worship (CH)  
 10:00 Catholic Communion (TV)

**10**  
 9:00 Black Hawk Trip  
 9:30 Fitness Fun (AR)  
 10:30 Name That Word (AR)  
 2:30 Ice Cream Social (CS)  
 3:00 Sing-a-long (Lobby)  
 6:15 Bingo (AR)

**11**  
 8:15 Foot Clinic (AR)  
 9:30 Billiards (BR)  
 10:00 Catholic Communion(CH)  
 10:00 Cooking with Kristine (AR)  
 10:00 Adult Coloring (AR)  
 1:00 LulaRoe Clothing (MZ)  
 1:15 Strength & Balance (AR)  
 1:30 Walgreens  
 2:30 Beanbag Baseball (AR)  
 3:30 Bunco (AR)

**12**  
 9:00 & 1:30 Grocery Shopping  
 9:30 Chair Yoga (AR)  
 1:15 Pet Visit with Bindee (TV)  
 1:00 Speaker: Elyse Gordon Tea Talks: Health Benefits of Hemp (AR)  
 3:00 Resident Meeting (TV)  
 6:15 Classic Movie: El Dorado (CH)  
 6:30 Active Minds – Native Americans of Colorado (AR)

**13**  
 9:30 Walking Club  
 1:15 Strength & Balance (AR)  
 2:00 Low Vision Clinic (TV)  
 2:30 Beanbag Baseball (AR)  
 6:00 Cribbage (BR)  
 6:15 Bingo (AR)

**14**  
 10:00 Balance & Tone (AR)  
 1:00 Wii Bowling (AR)  
 1:30 Walmart  
 2:00 Springwood Derby  
 2:30 Farkle (BR)  
 6:00 Bridge (BR)  
 6:15 Movie – Still Mine (CH)

**15**  
 2:00 Movie – Still Mine (CH)  
 2:15 Bingo (AR)  
 5:00 Saturday Entertainment  
 Bobbie Belle (Lobby)

**16**  
 10:00 Worship (CH)  
 10:00 Catholic Communion (TV)

**17**  
 9:30 Fitness Fun (AR)  
 10:30 Name That Word (AR)  
 12:00 Ted's Montana Grill  
 2:30 Ice Cream Social (CS)  
 3:00 Sing-a-long (Lobby)  
 6:15 Bingo (AR)

**18**  
 8:15 Foot Clinic (AR)  
 9:30 Billiards (BR)  
 10:00 Postal Van  
 10:00 Adult Coloring (AR)  
 1:00-4:00 Avon & Organo Coffee (MZ)  
 1:15 Strength & Balance (AR)  
 2:30 Beanbag Baseball (AR)  
 3:30 Bunco (AR)  
 7:00 Active Minds – Rossini

**19**  
 9:00 & 1:30 Grocery Shopping  
 9:30 No Fitness Fun Today (AR)  
 11:30 Rockies vs. San Diego  
 1:00 Hand & Foot Cards (BR)  
 1:30 Cooking with Kristine (AR)  
 3:00 Cottage Meeting (AR)  
 6:15 Classic Movie – (CH)  
 "Anchors Aweigh"

**20**  
 9:00 Continental Breakfast DR  
 1:15 Strength & Balance (AR)  
 2:30 Beanbag Baseball (AR)  
 6:00 Cribbage (BR)  
 6:15 Bingo (AR)  
 5:00 Joseph and the Amazing Technicolor Dreamcoat

**21**  
 9:00 Das Meyer Bakeshop  
 10:00 Balance & Tone (AR)  
 1:00 Wii Bowling (AR)  
 1:30 Target & Hobby Lobby  
 80<sup>th</sup>/Wadsworth  
 2:30 Farkle (BR)  
 2:15 – 3:30 Bookmobile  
 6:00 Bridge (BR)  
 6:15 Movie – 5 Flights Up (CH)

**22**  
 2:00 Movie- 5 Flights Up (CH)  
 2:15 Bingo (AR)  
 5:00 "Hollywood Nights"  
 Dining Room

**23**  
 10:00 Worship (CH)  
 10:00 Catholic Communion (TV)

**24**  
 9:30 Fitness Fun (AR)  
 10:30 Name That Word (AR)  
 3:00 Sing-a-long (Lobby)  
 6:15 Bingo (AR)

**25**  
 9:30 Billiards (BR)  
 10:00 Adult Coloring (AR)  
 1:00 Lularoe Fashions (MZ)  
 1:15 Strength & Balance (AR)  
 2:30 Book Club (TV)  
 9:30 Billiards (BR)  
 3:30 Bunco (AR)  
 4:45 Red Lobster  
 6:00 Chicken Foot Dominos

**26**  
 9:00 & 1:30 Grocery Shopping  
 9:30 Fitness Fun (AR)  
 1:00 Hand & Foot Cards (BR)  
 1:15 Pet Visit with Bindee (AR)  
 1:30 Craft Hour- Coffee Filter Flower  
 6:15 Classic Movie: (CH)  
 Bringing up Baby  
 6:30 Active Minds- Somalia

**27**  
 9:00 Black Hawk Trip  
 9:30 Blood Pressure Clinic (TV)  
 1:15 Strength & Balance (AR)  
 2:30 Beanbag Baseball (AR)  
 6:00 Cribbage (BR)  
 (4<sup>th</sup> Thursday No Bingo)  
 6:30 Jeffco Community Band (East Courtyard)

**28**  
 10:00 Balance & Tone (AR)  
 1:00 Wii Bowling (AR)  
 1:30 Dollar Tree  
 2:30 Friday Afternoon Live! (DR)  
 Happy Hour w/Live Music  
 Featuring Jim Kurty  
 2:30 Farkle (BR)  
 6:00 Bridge (BR)  
 6:15 Movie: 42 Jackie Robinson

**29**  
 2:00 Movie – 42 Jackie Robinson Story (CH)  
 2:15 Bingo (AR)  
 5:00 Saturday Entertainment  
 Giorg Barabadze (Lobby)

**30**  
 10:00 Worship (CH)  
 10:00 Catholic Communion (TV)

**31**  
 9:30 Fitness Fun (AR)  
 10:30 Name That Word (AR)  
 2:30 Ice Cream Social (CS)  
 3:00 Sing-a-long (Lobby)  
 11:45 Red Hats & Friends  
 Jose O' Shea's  
 6:15 Bingo (AR)

**Please note: Due to limited calendar space, some of the reoccurring activities may not be listed on the calendar. Please refer to the yellow Regularly Scheduled Activity sheet that you received with your newsletter.**

**Room Key: (AR) -Activity Room (BR) - Billiards Room (CH)- Chapel- (DR)-Dining Room (MZ)- Mezzanine (TV)- TV Room**